



## Four Anchors In The Storm Mark 4:35-41

### Objective:

To consider four valuable elements that God has provided us to stand firm in the midst of the storms in our lives.

### Verse to memorize:

"And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?" **Mark 4:41**

### Introduction:

Read James 1:2-3, What should be our attitude when we find ourselves in various trials? \_\_\_\_\_

What is God testing? \_\_\_\_\_

What does the testing of our faith produce in us? \_\_\_\_\_

Read 1 Peter 1:6, How long do our trials last when compared to eternity?

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If it is necessary, how will we be afflicted? \_\_\_\_\_

Read 1 Peter 4:10, The word "various" in James 1:2 and 1 Peter 1:6 is the same word in Greek as the word "manifold" in 1 Peter 4:10.

What consolation does it give you to know that for each trial you endure, God has enough grace for you? \_\_\_\_\_

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Have you ever felt "overwhelmed beyond your strength"?

Have you ever lost all hope? Read 2 Corinthians 1:8-9, Why did God permit the trouble which came on Paul in Asia? \_\_\_\_\_

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### The Anchor of His Word

V. 35, What did Jesus say to his disciples that day? \_\_\_\_\_

Read Romans 8:28, What do we know about those who love God? \_\_\_\_\_

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Read Philippians 1:6, In spite of adversities, what are we sure of? \_\_\_\_\_

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Read Jeremiah 29:11, What does God know in the midst of our storms? \_\_\_\_\_

What kind of thoughts are these? \_\_\_\_\_

**James 1:2-3** <sup>2</sup>My brethren, count it all joy when you fall into various trials, <sup>3</sup> knowing that the testing of your faith produces patience.

**1 Peter 1:6** In this you greatly rejoice, though now for a little while, if need be, you have been grieved by various trials,

**1 Peter 4:10** As each one has received a gift, minister it to one another, as good stewards of the manifold grace of God.

**2 Corinthians 1:8-9** <sup>8</sup> For we do not want you to be ignorant, brethren, of our trouble which came to us in Asia: that we were burdened beyond measure, above strength, so that we despaired even of life. <sup>9</sup> Yes, we had the sentence of death in ourselves, that we should not trust in ourselves but in God who raises the dead,

**Mark 4:35** On the same day, when evening had come, He said to them, "Let us cross over to the other side."

**Romans 8:28** And we know that all things work together for good to those who love God, to those who are the called according to *His* purpose.

**Philippians 1:6** being confident of this very thing, that He who has begun a good work in you will complete *it* until the day of Jesus Christ;

**Jeremiah 29:11** For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope.



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### The Anchor of His Presence

V. 38a, Where was Jesus at the time of the great storm? \_\_\_\_\_

We all have "good" days and "bad" days, but what did Jesus promise in Matthew 28:20? \_\_\_\_\_

Read John 14:16, How long would the other Helper be with us whom Jesus prayed to the Father to give us? \_\_\_\_\_

### The Anchor of His Peace

V. 38b, What was Jesus doing on the boat while He was in the midst of the storm? \_\_\_\_\_

Who awoke Him? \_\_\_\_\_

Jesus is never worried, He has a perfect peace because He is sovereign and in control of everything. We cannot self-produce peace in ourselves, but what did Jesus promise He would give us in John 14:27? \_\_\_\_\_

Read Philippians 4:6-7, What do we have to do to receive the peace of God? \_\_\_\_\_

God answers our prayers even if our circumstances don't change. What will His peace guard? \_\_\_\_\_

V. 39, What did Jesus do when He arose? \_\_\_\_\_

And, what happened next? \_\_\_\_\_

V. 40, What did He say to his disciples? \_\_\_\_\_

To what did Jesus relate the fear of the disciples? \_\_\_\_\_

### The Anchor of His Purpose

V. 41, What happened to the disciples? \_\_\_\_\_

What did they say to one another? \_\_\_\_\_

Read Mark 5:1, Where did they go to after this event? \_\_\_\_\_

The truth is, in the flesh we can have a lot of pain and grief, but nothing compares to the privilege of knowing more our Savior.

Read Job 42:5, What did Job get after the trial? \_\_\_\_\_

**His Word sustains us, His presence comforts us, His peace keeps us and His purpose is for us to know Him deeper.**

**Mark 4:38a** But He was in the stern, asleep on a pillow...

**Matthew 28:20** teaching them to observe all things that I have commanded you; and lo, I am with you always, *even* to the end of the age." Amen.

**John 14:16** And I will pray the Father, and He will give you another Helper, that He may abide with you forever—

**Mark 4:38b** ... And they awoke Him and said to Him, "Teacher, do You not care that we are perishing?"

**John 14:27** Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.

**Philippians 4:6-7** <sup>6</sup>Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; <sup>7</sup> and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

**Mark 4:39-41** <sup>39</sup> Then He arose and rebuked the wind, and said to the sea, "Peace, be still!" And the wind ceased and there was a great calm. <sup>40</sup> But He said to them, "Why are you so fearful? How *is it* that you have no faith?" <sup>41</sup> And they feared exceedingly, and said to one another, "Who can this be, that even the wind and the sea obey Him!"

**Mark 5:1** Then they came to the other side of the sea, to the country of the Gadarenes.

**Job 42:5** "I have heard of You by the hearing of the ear, But now my eye sees You.